

**HEALTH AND WELLBEING BOARD
12 SEPTEMBER 2024**

ITEM NO.

JOINT LOCAL HEALTH AND WELLBEING STRATEGY 2024 - 2028

SUMMARY REPORT

Purpose of the Report

1. To receive the draft Joint Local Health and Wellbeing Strategy (JLHWS)

Summary

2. The JLHWS sets out the local priorities for improving the health and wellbeing of the population of Darlington. The development of the Strategy has been informed by the Joint Strategic Needs Assessment (JSNA) and a series of workshops with members of the Health and Wellbeing Board and wider partners.
3. The JLHWS has adopted a life course approach, with the themes of *Best Start in Life - Children and Young People, Staying Healthy – Living Well and Staying Healthy – Ageing Well*.
4. There is an additional theme of *Healthy Places*, in recognition of the importance of taking action to improve the wider determinants of health, as not everyone has the same opportunities to live long and healthy lives. However, it is acknowledged that many of the building blocks of health, including good educational attainment, availability of good quality and affordable housing and job creation, are outside the direct remit of the Health and Wellbeing Board and therefore are not included within the scope of the JLHWS.
5. The JLHWS sets out the vision that Darlington is a place where everyone has the opportunity to *thrive and live well*.
6. The Health and Wellbeing Board is a partnership and as such the JLHWS sets out the principles (*Healthy Ways of Working*) of how we will work together to deliver against the identified priorities.
7. For each of the themes of the JLHWS there is a brief description of why it is important, a stated ambition, summary of local need, identification of 2 overarching priorities and a description of the difference to be delivered, with the latter outlining the initial areas of focus.
8. The overarching priorities for each theme are:

- (a) Best Start in Life - Children and Young People: **pregnancy and early years; mental health and resilience**
- (b) Staying Healthy – Living Well: **making smoking history; mental health and wellbeing**
- (c) Staying Healthy – Ageing Well: **minimise time in ill health; maximise independence**
- (d) Healthy Places - **workplace health and good work; healthier environments.**

9. It is the intention that the JLHWS, alongside the JSNA and local intelligence, will support a regular process of assessing need and agreeing actions to meet the needs identified.

Recommendation

10. It is recommended that the Health and Wellbeing Board: -

- (a) Receive the draft Joint Local Health and Wellbeing Strategy for consideration and review.
- (b) Note the content of the draft Joint Local Health and Wellbeing Strategy, including the overarching priorities identified to improve the health and wellbeing of the population of Darlington.
- (c) Agree any changes required to the content of the Joint Local Health and Wellbeing Strategy.

Reasons

11. The recommendations are supported by the following reasons: -

- (a) It is a statutory duty of the Health and Wellbeing Board to develop a Joint Local Health and Wellbeing Strategy.

Lorraine Hughes
Director of Public Health

Background Papers

None

Lorraine Hughes extension 6203

Council Plan	The report supports the Council Plan priority of Living Well as it focuses on the health and wellbeing of the population.
Addressing inequalities	The report considers health inequalities and poor health outcomes experienced in Darlington, identifying key actions to be taken forward.
Tackling Climate Change	There are no implications arising from this report.

Efficient and effective use of resources	This report has no impact on the Council’s Efficiency Programme as actions delivered will need to be contained within agreed budgets.
Health and Wellbeing	The report sets out the priorities of the Joint Local Health and Wellbeing Strategy, to improve the health of the population.
S17 Crime and Disorder	There are no implications arising from this report.
Wards Affected	All
Groups Affected	The population of Darlington.
Budget and Policy Framework	This report does not recommend a change to the Council’s budget or policy framework.
Key Decision	No
Urgent Decision	N/A
Impact on Looked After Children and Care Leavers	This report has no impact on Looked After Children or Care Leavers